



Girls Camp Packing List

Clothing:

Pack enough for 5 days of camping

- Warm Pajamas
- 4-5 Changes of Underwear & Socks
- Closed toed shoes - needs to be sturdy enough for the hike – NOT BRAND NEW to prevent blisters (Additional pair is optional) + Water shoes + flip flops for shower
- Shirts 4-5 long or short-sleeved
- Long Pants 2-4 pair
- Swim/Wet Clothes for Hike & Rafting
- Plastic Bag for Wet Clothes
- Sweatshirt/Jacket/Coat
- Warm Gloves & Beanie
- Poncho or Raincoat
- Hat/Visor/Sunglasses
- Shirt & shorts for lake



Bedding:

- Sleeping bag / bedding
- Pillow
- Foam pad (optional)
- Extra blanket



General Items:

- Sack Lunch for Day One
- Scriptures
- Flashlight and fresh batteries
- Compass if you have one
- Small backpack for hikes
- Waterbottle
- Snacks/Goodies for you (optional) – if bringing they must be placed in a gallon Ziploc baggy with your name on it
- Camp chair
- Personal journal (optional)
- Camera



Personal Items:

- Wash cloth and towel
- Soap, shampoo, and other toiletries
- Deodorant
- Feminine hygiene products
- Toothbrush & Paste
- Hair comb/ brush
- Small first-aid kit (optional)
- Bug repellent
- Sun-block
- Chapstick
- Lotion
- Personal medication if needed
- Hair elastics



All your packed items should fit into ONE bag!