



Walking in Faith

YM Camp 2026
Highland Utah East Stake
Heber Valley Camp

Camp Theme: “Walking In Faith”

Dates & Timing

- **Heber Valley Camp Dates:** July 9-11
- **Meet as Wards:** Thursday, July 9th @ 9:30 AM
- **Check In:** 11:00 AM at Heber Valley
- **Check out:** Saturday, July 11th @ 2:00 PM
- Each ward handles transportation → check with your ward YM leaders for exact plans

Activities (aka: the fun stuff)

- Low ropes course challenges
- High ropes course
- Spiritual workshops
- Sunrise Hike
- Lake time
- Axe throwing
- Camp games
- Lots of eating
- Christ walk

Meals & Food

- Each YM will need to bring a sack lunch for the first day
- The wards will provide breakfast on Saturday morning
- All other meals will be provided by the stake
- **Allergies** must be listed on the Permission & Medical Form found on the stake website

Camp Security

Heber Valley wants to ensure everyone is safe at camp. If your child needs to leave camp early or come up to camp after our scheduled check in, we need to know the time and name of the person bringing them up/taking them home. You'll also need to check in with the front gate before you proceed to our campground.

Cell Phone Policy

If you bring a phone to camp, please only use it as a camera or for scripture reading. We want you to be fully present, and we want you to go home with a camera roll full of great memories!





YM Camp Packing List

Clothing:

Pack enough for 3 days of camping

- Warm Pajamas
- 3 Changes of Underwear & Socks
- Closed toed shoes - needs to be sturdy enough for the hike – NOT BRAND NEW to prevent blisters (Additional pair is optional) + Water shoes + flip flops for shower
- Shirts 3 long or short-sleeved
- Long Pants 2 pair
- Belt
- Swimsuit/Wet Clothes for Canoeing
- Plastic Bag for Wet Clothes
- Sweatshirt & Jacket
- Hat & Beanie
- Poncho or Raincoat
- Sunglasses



Bedding:

- Sleeping bag / bedding
- Pillow
- Sleeping pad
- Extra blanket



General Items:

- Sack Lunch for Day One
- Scriptures
- Flashlight and fresh batteries
- Small backpack for hikes
- Water bottle
- Snacks/Goodies for you (optional)
- Camp chair
- Personal journal
- Camera



Personal Items:

- Washcloth and towel
- Soap, shampoo, and other toiletries
- Deodorant
- Toothbrush & Paste
- Comb & hair product
- Small first-aid kit (optional)
- Bug repellent
- Sun-block
- Chapstick
- Lotion
- Personal medication if needed



All your packed items should fit into ONE bag!